

# YOUNG & CAPABLE

MAGAZINE



“

Investing in women is smart economics,  
and investing in girls, catching them upstream  
is even smarter economics.

”

Dr. Ngozi Okonjo-Lweala





**LINE-UP**

Karabo Mualefe

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# THE YOUNG CAPABLE

*Ms. Karabo Mualefe*



## “Happy Women’s Month, Sweethearts”

Karabo Mualefe is a young woman full of ambition. She seizes every moment and opportunity she comes across. She is positive and carries the energy everywhere she goes. She loves laughing and having fun. She is not afraid to wear her flaws and scars on her arm as she is a symbol of an imperfect woman who always fixes her crown whenever it is tilted.

Women’s day for her is a reminder of how powerful women are, Evidence lies on the march that women took in 1956 where they protested for their rights. It revealed just how much power a woman’s voice holds. Up to this day women’s day is worth celebrating as women are evolving and they are becoming more confident in who they are.

Women are taking ownership they are becoming independent they are truly holding the sharp end of the knife and never backing down. Women’s day is a celebration of women being seen and heard for who they really are not for what they were forced to become. Back in the days they were stigmatised to be domestic and constantly reminded that they don’t bring anything to the table. They just had to do house chores and bear babies.

She says Women’s Day is a milestone, and it is exciting to know that the holiday is recognised nationally and that every year the day can be used to celebrate new accomplishments by women, and they are many events which occur on the day that are slightly-

different from the initial occasion of the day but are just as powerful. For example, seminars which are held to empower divorced women to stand on their own again and thrive among other things are the reason why women's day is and will always be necessary. Women nowadays are faced with numerous challenges, for example, some organizations still prefer men over women or still pay men more than women. She says this can be defeated by raising awareness especially to the unemployed women who are looking to get into businesses to be aware of their rights and procedures to deal with discrimination against gender

Another challenge women are facing is that some men are abusive, and women are afraid to speak out or exit the relationship because they feel powerless or feel like they will be judged for not being able to keep a man.

Women need to know their strengths and have no tolerance to abuse in the name of love. Love is beautiful and it is not meant to torment or give you sleepless nights or bruises. We can solve this by having more dialogues with women on how they can leave an abusive relationship and encourage healthy relationships. We can also raise awareness on how to report gender violence against women

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# THE YOUNG CAPABLE

*Ms. Resego Garesape*



## "I want to be great and live a purposeful life"

Known for her work ethic, determination and generosity, An aspiring special need student, pedagogist, a writer and a 20-year-old firm young woman from a small village called Taung in the Northwest, Resego Garesape, called Miss G by her learners.

Resego got her big break when she became a student at the University of Johannesburg, studying Bachelor of Education, specializing in English and Neuro-developmental learning needs. The past three years were just the beginning of her career which is going to be an extraordinary trajectory.

According to Resego, being a woman is much more complex than chromosomes or the ability to carry a baby. Being a woman means being powerful and assertive. It also implies being compassionate, sensitive, and sympathetic towards those we care about in our lives without feeling weak for doing so.

It entails pursuing objectives despite any obstacles woman may experience along the road. Although this can be achieved through a strong women support system that encourages women to be their best beings.

Furthermore, being a woman means being a warrior for change and using your voice as a tool to empower others to create positive change.

"Being a woman implies that we are tougher than what the world gives us credit for, therefore, I believe that International Women's Day gives us a chance to show it. It acknowledges and honour women around the world for the contributions that we make each day to the society, may it be the social, economic, cultural, and political achievements of women. It, furthermore, uphold women's achievements, recognize the challenges they come across, and focus greater attention on women's rights and gender equality", said Resego.

She emphasized that it is necessary to celebrate women's day because there's absolutely no room for complacency. Women run the world and most definitely deserve to be celebrated for their struggles, to balance gender equality and human rights, and most importantly, to elevate women by constantly reminding them to be unapologetic about who they are.

Imbokodo - Women are faced with challenges, from sexual, emotional, physical, and psychological abuse to gender inequality and restrictive human rights, women seem to never ease from facing obstacles in achieving who they are and expressing their voices. The stigma that the society has about women being inferior to men is disempowering our women, the

**"Being a woman means being opinionated, strong-willed, and unapologetic for who we are, what we want, and what we deserve".  
As per saying "the future is female!"**

stereotype and the societal perception imposed on us that we must be a certain way to be a real woman. She urges women to go for what they want in their lives and not to give up. "Be yourself and have confidence in who you are. You made it to where you are through hard work and perseverance, but most importantly, you're there. Don't conform yourself to a man's idea of what a woman should look like".

"Feminism isn't about making women strong. Women are already strong. It's about changing the way the world perceives that strength". Never forget that they are young and capable ntombi.



# THE YOUNG CAPABLE

*Ms. Phumza Ntlola*

Phumza Ntlola is a 19-year-old girl who was born and raised KwaPhalane, a rural area located in Matatiele. She matriculated at Ludidi Senior secondary school and currently doing second year at University of Fort Hare.

To her, being a woman means to be resistant and unapologetic, having a sense of identification and being confident around people. It also includes tapping into power and pushing yourself into helping others by lifting them up. Wearing skirts, dress or heels aren't necessarily requirements for being a woman. Also not meeting beauty standards of being a woman set by socials doesn't make one less of a woman however not being shaken of who you are is what best defines a woman.

Having an ambition to be unstoppable, strength and empowerment is what a woman is. Black or white, cisgender, or transgendered women, straight or queer, native and immigrants, disabled or poor, chubby, or thin womanhood doesn't take sides.

Women's day is where we are honoring brave South African women who gave it all and marched to Union buildings in 1956 against apartheid pass laws. However, we also celebrate all South African women who gave birth to us, protect us, and gave us the best life we should be thankful for. Not only they fought for us but sacrificed a lot to make South Africa a better country although it has not become a better one.

**"It is day to celebrate our mothers and sisters who gave it all in their abusive marriages, women who stood up to give us a better tomorrow and young girls in leaderships and all women who are living in South Africa"**

She stated that there is necessity to celebrate women's day and supposed to be celebrated forever. Women are facing difficulties and need that specific day for a resilience and empowerment from all South African citizens. They are to be praised and be recognized for their dedication and sacrifices they made for us and those who are continuing sacrificing their lives. However, they need to be celebrated every day to make them feel needed and welcome in our country.

It is a visible pandemic of women being killed or raped by man not to mention those who are experiencing domestic violence at their home. Young girls are literally getting pregnant due to rape, some are committing suicide because of social anxiety caused buy man. Women are still yet not entitled to live their life freely in South Africa.

As man started attacking women, we as woman need them to stand with us and stop these perpetrators. People who raped and kill women are not meant to be granted bail considering those who lost their lives and will forever fear for their live. Women need not to fight against this pandemic, but men need to stop attacking them. Women need to be free.

